



भा.कृ.अनु.प.- केन्द्रीय मात्स्यिकी शिक्षा संस्थान ICAR- Central Institute of Fisheries Education

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National Sports Day celebration (29th–31st August 2025)

The ICAR–Central Institute of Fisheries Education (CIFE), Mumbai, celebrated National Sports Day 2025 with great enthusiasm from 29th to 31st August 2025. The event was organised under the directives of the Ministry of Youth Affairs & Sports, Government of India, and in alignment with the Fit India Mission. The celebration honoured the birth anniversary of the legendary hockey player Major Dhyan Chand, widely regarded as the “*Hockey Wizard of India*.”

The three-day event was designed to promote physical fitness, teamwork, discipline, and camaraderie among students, research scholars, faculty, and staff of the institute. A series of indoor and outdoor sporting events were conducted, reflecting the Olympic spirit of *excellence, friendship, and respect*.

Day 1: 29th August 2025 – Inaugural Day

The celebration commenced with a formal inaugural ceremony at 9:30 a.m. The Sports In-Charge, Dr. Ajit Kumar Verma, introduced the life and achievements of Major Dhyan Chand. A floral tribute was offered by dignitaries and participants, followed by an inspiring address by the Director, Dr. N. P. Sahoo. In his speech, Dr. Sahoo emphasised the importance of physical fitness, discipline, and motivation in shaping a strong nation.

The gathering then took the Fit India Pledge, reaffirming their commitment to health and wellness. The highlight of the day was a vibrant Walkathon, which filled the campus with energy, teamwork, and enthusiasm. Students showcased remarkable spirit and unity, reflecting the true essence of National Sports Day.

In the afternoon, the focus shifted to indoor sports at the CIFE Sports Complex, where Table Tennis matches were held. The excitement and competitive spirit of the participants set the tone for the following days.

Day 2: 30th August 2025 – Team Competitions and Indoor Events

The second day began with a spirited Volleyball Tournament (Boys) at 11:00 a.m. Teams displayed excellent coordination, teamwork, and determination. The winners were felicitated with medals and mementoes for their outstanding performance.

In the evening, the spotlight turned again to indoor sports, where both boys and girls participated in Table Tennis and Badminton matches. The atmosphere was electrifying, with

players demonstrating agility, reflexes, and strategic play. Spectators cheered enthusiastically, creating an environment of healthy rivalry and friendship.

Day 3: 31st August 2025 – Finals and Closing

The concluding day of the celebration began with the Finals of Boys' Badminton Singles, where participants engaged in an intense contest showcasing stamina, precision, and tactical brilliance. Later, the much-awaited Slow Cycling Race was held separately for boys and girls. The event tested balance and patience, bringing a fun-filled yet competitive element to the celebration.

The grand finale was the Felicitation Ceremony, where winners of Table Tennis, Badminton, and Slow Cycling competitions were honoured with medals and certificates. This closing event recognised and rewarded talent, dedication, and sportsmanship, leaving the participants motivated to continue their sporting pursuits.

Conclusion

The three-day National Sports Day celebration (29th–31st August 2025) at ICAR-CIFE was a resounding success, embodying the year's theme "*Olympic Spirit: Celebrating Excellence, Friendship, and Respect.*" From the solemn tribute to Major Dhyan Chand and the invigorating walkathon to the thrilling indoor and outdoor sports competitions, every activity reflected the institute's commitment to promoting fitness, teamwork, and holistic development.

By blending tradition, competition, and camaraderie, the celebration not only honoured the legacy of India's sporting legend but also strengthened the spirit of unity and wellness among students and staff. As the events concluded, participants carried forward a renewed pledge to embrace physical fitness and uphold the values of discipline, respect, and excellence – true to both the Olympic ideals and the vision of a Fit India







